



NUTRITION, HEALTH, AND DEVELOPMENT CENTRE (NUDEC)

Postal Code

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NUDEC PROFILE/BACKGROUND

• **Introduction**

Nutrition, Health and Development Centre (NUDEC) is a non-governmental, non-political, not-for-profit organization registered in Tanzania on 10th October 2008, registration No. OONGO/00002563. Despite its earlier registration, NUDEC did not, however, become active until 2016, when most of its founding members resigned from active roles in nutrition and health activities in other organizations. This delay was necessary to avoid any conflicts of interest between NUDEC and its members' employers.

Between 2008 till 2015, NUDEC was mainly involved in volunteering activities in nutrition at community level. The activities mainly included provision of nutrition education.

From 2016, the organization started soliciting resources for implementation of different assignments. The assignments included; development of various relevant guidelines, review of nutrition and related policies, start and end of program evaluations, development of training packages and conducting trainings. Also NUDEC started to forge collaborations and networks with other organizations such as TFNC, TANCDA, NENGODAC, WABA, IBFAN, JIMAT including other relevant Government institutions

In 2019; the Government of Tanzania, enacted a supplement to the 2012 NGO Act, sited as "Act Supplement N0) of 30th June 2019. The changes made did not affect the registration of NUDEC as an NGO. The organization had five founding members. As of to date 2024, the membership has grown up to 11 members.

The main focus of the organization is to contribute towards the improvement of the quality of life of the population of Tanzania through the provision of quality services in health and nutrition by way of education, training, counselling, and social mobilization, advocacy, lobbying, research, and consultancy, medical and rehabilitative service

- **Organization Background**

Tanzania is building the human resource capital that will support accelerated development. This requires ensuring health and nutrition disparity reduction and rights throughout the life cycles of its citizens. The aim of NUDEC is to contribute towards the nutritional and healthful development, so that its citizens can effectively participate in the country's national development. NUDEC recognizes the link between nutrition wellbeing and national development, thus this NUDECs focus is in line in supporting the Government efforts in addressing nutrition issues that have a positive impact to the peoples' nutrition and health. Hence, the key function of NUDEC is to contribute towards the improvement of the quality of life of the population of Tanzania through the provision of quality services in nutrition and health by way of education, training, counseling, social mobilization, advocacy, lobbying, evaluations, research and consultancy.

NUDEC members have extensive knowledge on both global and national health, nutrition, development priorities. Our team has wide ranging experience working with government structures, donors, Civil Society Organizations and communities through their many years of working as Senior Managers of the Tanzania Food and Nutrition Centre. Based on that, NUDEC members have been involved in designing the existing national programs and policies including the National Multi-sectoral Nutrition Action Plan I and II (NMNAP), the Non-Communicable Diseases Strategy and the training package for health workers. They also have hands-on experience in designing National Behaviour Change Communication Initiatives (e.g. World Breastfeeding Campaigns, and HIV/AIDS Social Marketing Campaigns). Further, NUDEC has been commissioned to conduct consultancies:

VISION

To accelerate the improvement of the nutrition status and health wellbeing of all Tanzanians.

MISSION

To transform individual lives and communities through innovative and sustainable nutrition and health interventions in collaboration with government, development partners and other key stakeholders.

CORE VALUES

- ⊕ **Taking Pride in What We Do**

We are motivated and guided by integrity and accountability.

- ⊕ **Building a Workplace Community**

We respect each other and work together in a transparent, fair, collaborative environment, with good governance. Each member of our team will be adaptable, demonstrate initiative, exhibit leadership in their area of expertise, and have a commitment to excellence.

- ⊕ **Delivering quality services and products to individuals and communities**

We utilize good governance in the effective, efficient and equitable delivery of innovative, evidence-based nutrition and health interventions.

- ⊕ **Collaborating with government, development partners, communities and other key stakeholders**

We develop and execute innovative and sustainable nutrition and health interventions in a transparent, respectful manner.

NUDE's PRIORITY AREAS OF WORK

- ⊕ Maternal Infant and Young Child Health and Nutrition including Early Childhood Development and Nutrition of the Pre School and School Children.
- ⊕ Nutrition of Adolescents and the Elderly and Nutrition in Boarding Facilities
- ⊕ Nutrition of people with chronic diseases such as HIV/AIDS and TB,
- ⊕ Nutrition of people with Non Communicable Chronic Diseases i.e. High Blood Pressure, Cancer and Diabetics
- ⊕ Food Security and Product Development
- ⊕ Capacity development including development of curricula and training materials
- ⊕ Community engagement including Social Mobilization and Behaviour Change Communication
- ⊕ Advocacy and Consultancy work
- ⊕ Research to inform policies, programmes and practices.
- ⊕ Health Systems Strengthening
- ⊕ Finance & resource mobilization

NUDEC has a mix experts qualified in medicine, human nutrition, sociology, home economics, food science, food production and processing leadership, management, biostatistics, monitoring and evaluation, accounting, counselling and planning. These individuals have many years of experience; in programme development, implementation, monitoring and evaluation, conducting research, studies and evaluations, capacity building including training, development of training and educational materials, mentoring, counselling (HIV and AIDS, nutrition, health lifestyles, and related issues), and start-up of community based programs and provision of technical assistance at all levels. Some team members have worked as civil servants as well as leaders in both national and international NGOs and UN agencies. Some have been engaged in consultancy work. The setup of the organizations allows for working with individuals and organization as long as they abide by our regulations, principles and core values.

ASSIGNMENTS CONDUCTED TO DATE

- ⊕ Conducted a qualitative Gender sturdy on Harnessing Agriculture and Nutrition Outcomes (HANO) - Lindi Region, Tanzania (July 2016)
- ⊕ Consultancy To Review Existing In Service And Pre Service Nutrition Training Package For Front Line Workers In Kenya, Uganda and Tanzania contracted by ECSA (November 2015)
- ⊕ Documentation of the Empower Project Processes for Ifakara Health Institute (September to October 2015)
- ⊕ Provided consultancy to Commonwealth Regional Health Community Secretariat (CRHCS) for East, Central and Southern Africa in the preparation of reports for the WABA Infant Feeding Colloquium and the WABA Global Forum 2, which were held in Arusha Tanzania
- ⊕ Provided consultancy to the Agha Khan Foundation Dar es Salaam to assess and take stock of health interventions which were in place in Madrasas in Zanzibar and their appropriateness in responding to the needs at the school and the community levels, and the methods /means used by staff, teachers, and parents to assess the health and nutritional status of young children and provide recommendations for improvement
- ⊕ Nutrition Assessment for Children Under Five years in Simiyu Region for AMREF
- ⊕ Inventory of local foods and useful technologies used in food processing, preparation and preservation in Morogoro, Iringa, Coast regions and Zanzibar in order to promote them and contribute to the improvement of household food security TUNAJALI community based program

- ⊕ Documentation and promotion of local foods and useful technologies used in food processing, preparation and preservation in Iringa and Manyara regions as a way to contribute to the improvement of household food security Engender health project
- ⊕ Development of National Biofortification Guidelines, this was lead by the Ministry of Agriculture with the financial support and overall technical assistance provided by Nutrition International as part of the ENRICH Program
- ⊕ Conducted an Evaluation for Community Engagement in Health Service Management in Itilima District Simiyu Region with support from AMREF
- ⊕ Evaluation of Inservice Service Training Programme for Nutrition officers in Tanzania working in Collaboration with Jimat Zimbabwe, the assignment was funded by UNICEF
- ⊕ Development of National Micronutrient Prevention and Control Guidelines for Tanzania funded by Nutrition International (NI)- Canada



Group session during the development of the Biofortification guideline