



**NUTRITION, HEALTH AND DEVELOPMENT CENTRE  
(NUDEC)**

**SUMMARY VERSION OF THE STRATEGIC PLAN  
2023-2028**

<b><i>Physical Address/Postal code:</i></b>	41Mindu Street, Plot No. 568 Upanga West
<b><i>Postal Address:</i></b>	P. O Box 12861,Dar es Salaam, Tanzania
<b><i>Focal Person:</i></b>	Ms HildaMlege Missano (Executive Director)
<b><i>Email Address:</i></b>	<a href="mailto:hildamiss@yahoo.co.uk">hildamiss@yahoo.co.uk</a>
<b><i>Mobile phones:</i></b>	+ 255 755299347/+255 713 299347

### Foreword

This plan includes a number of Strategic Priorities, built on putting Tanzanians' nutrition and health needs first. It also demonstrates how NUDEC will contribute to the implementation of four of the nutrition and health-focused United Nations Sustainable Development Goals (UN SDGs) and Tanzania's National Development Plan (2021/22 – 2025/26). In doing so, this plan also celebrates NUDEC's professional expertise in nutrition, health and development, and its desire to become a National Centre of Excellence in Nutrition in Tanzania.

NUDEC knows and understands that by conducting nutrition and health interventions in Tanzanian communities, that it will also empower future generations to make more informed and healthier choices about their well-being, and be more productive citizens. Through our commitment to that end, we aim to implement the Strategic Priorities introduced in this plan. At the same time, we understand that we cannot accomplish this alone, nor do we want to duplicate work being undertaken in that regard by others, so we recognize the need to seek out collaborations with government, development partners and other key stakeholders to help champion our priorities and goals to improve the nutritional status and healthy development of Tanzanian citizens.

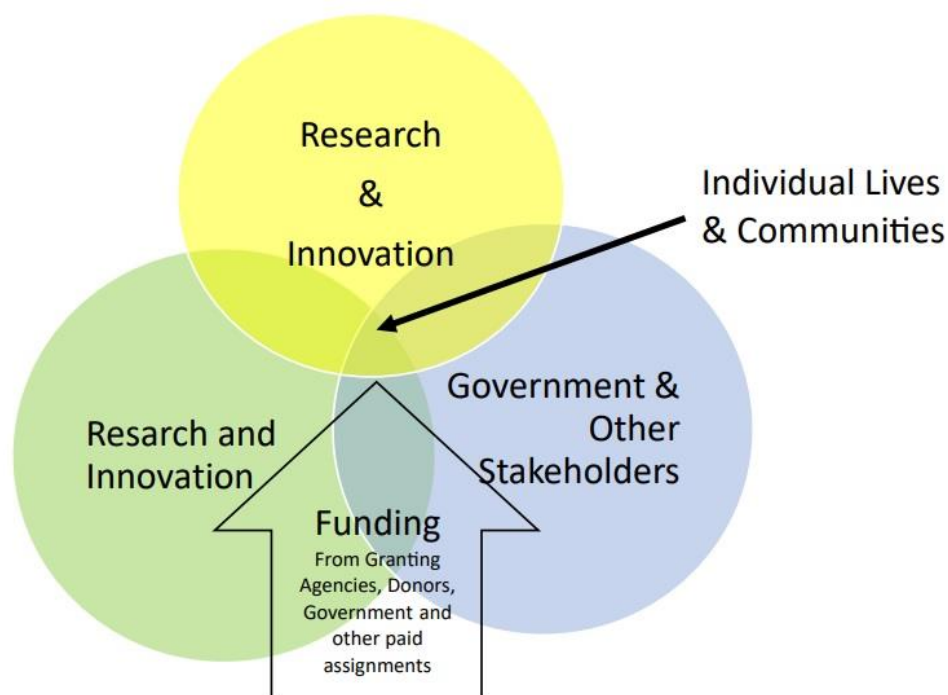
Dr. Olivia Yambi  
Board Chairperson  
NUDEC

## NUDEC'S VISION

To accelerate the improvement of the nutrition status and health wellbeing of all Tanzanians

## NUDEC'S MISSION

To transform individual lives and communities through innovative and sustainable nutrition and health interventions in collaboration with government, development partners and other key stakeholders.



## NUDEC'S VALUES

### Taking Pride in What We Do

We are motivated and guided by integrity and accountability.

### Building a Workplace Community

We respect each other and work together in a transparent, fair, collaborative environment, with good governance.

### Delivering quality services and products to individuals and communities

We utilize good governance in the effective, efficient and equitable delivery of innovative, evidence-based nutrition and health interventions.

### Collaborating with government, development partners, communities and other key stakeholders

We develop and execute innovative and sustainable nutrition and health interventions in a transparent respectful manner.

## NUDEC's STRATEGIC PRIORITIES AND GOALS

### STRATEGIC PRIORITIES

**Drive the implementation of four nutrition and health-focused United Nations Sustainable Development Goals (UNSDGs) and Tanzania's National Development Plan (2021/22-2025/26).**



*Goal #1: Initiate and institutionalize innovative and sustainable nutrition and health interventions to improve the health and well-being of all Tanzanians, especially those groups who require special interventions to reach optimal nutrition and health.*

*Goal #2: Support work towards ending hunger.*

*Goal #3: Seek ways to influence national policies, guidelines, strategies and plans.*

## SUMMARY OF EXPECTED WORK TOWARDS THE UNITED NATIONS' SUSTAINABLE DEVELOPMENT GOALS

NUDEC is committed to taking a leading role in seeking a more sustainable and equitable future for Tanzania by working on the following United Nations Sustainable Development Goals most relevant to our work.



NUDEC will support work towards ending hunger, by assessing nutritional status of Tanzanians, delivering quality nutrition training for nutrition and health workers and other nutrition-related field workers. We will also seek ways to influence national policies, strategies and plans.

NUDEC will initiate and institutionalize innovative and sustainable nutrition and health interventions to improve the health and well-being of all Tanzanians, especially those groups who require special interventions to reach optimal nutrition and health.

NUDEC will strengthen its use of gender-mainstreaming in nutrition and health interventions in an effort to positively impact women's health and influence the creation of new national policies, strategies and plans.

NUDEC will expand its actions in an effort to identify and intervene on hygiene and sanitation issues affecting nutrition and health.